

# 6 Egg Sandwich Recipes

A recipe from KC Coake and posted on [realcoake.com](http://realcoake.com)

**Prep & Cook Time:** About 40 minutes

## Ingredients:

- 12 eggs
- 3/4 teaspoon salt
- 1/4 teaspoon fresh ground pepper
- 3/4 cup milk
- 1/4 cup chopped veggies of choice (as many as you like)
- 1/2 cubed cooked meat of choice (if using)
- Sargento® Shredded 4 Cheese Mexican
- Sargento® Shredded Sharp Cheddar Cheese
- English Muffins and Sourdough Bread

## Toppings:

- Pesto
- Guacamole
- Chopped Tomato
- Sliced Green Onions
- Extra Cheese

## Directions:

1. Grease jumbo muffin tin and preheat oven to 400 degrees.
2. In a large bowl, combine eggs, salt, pepper and milk. Use a fork to whisk together. Add in veggies, meat and cheese according to measurements above. Variations are listed below.
3. Pour equal amounts of the egg mixture into the jumbo muffin tins.
4. Bake until the egg is set and no longer runny. About 25 minutes depending on your oven.
5. Meanwhile, cut sourdough bread into rounds and toast. Toast English muffins.
6. Prep toppings.
7. Once eggs are cooked, remove from muffin pan and place one egg on each English muffin or toast round. Top with additional toppings.

**1. Chicken Sausage with Pesto** - Eggs, salt, pepper, milk, 1/2 cup chicken sausage, 1/4 cup red onion, 3/4 cup Sargento® Shredded Sharp Cheddar Cheese on English Muffin. Top with pesto drizzle.

**2. Chicken Sausage on Sourdough** - Eggs, salt, pepper, milk, 1/2 cup chicken sausage, 1/4 cup red onion, 3/4 cup Sargento® Shredded Sharp Cheddar Cheese on Sourdough toast round.

**3. Veggie with Guacamole on Sourdough** - Eggs, salt, pepper, milk, 1/4 cup red onion, 1/4 cup red pepper, 1/4 tomato, 1/4 spinach, 3/4 cup Sargento® Shredded 4 Cheese Mexican on Sourdough toast round. Top with guacamole.

**4. Veggie with Green Onions and Extra Cheese** - Eggs, salt, pepper, milk, 1/4 cup red onion, 1/4 cup red pepper, 1/4 tomato, 1/4 spinach, 3/4 cup Sargento® Shredded 4 Cheese Mexican on English Muffin. Top with sliced green onions and more Sargento® Shredded 4 Cheese Mexican.

**5. Turkey Meatball with Pesto & Tomato** - Eggs, salt, pepper, milk, 1/4 cup red onion, 1/4 tomato, 1/2 cup turkey meatball, 3/4 cup Sargento® Shredded 4 Cheese Mexican on Sourdough toast round. Top with pesto drizzle and tomato.

**6. Turkey Meatball with Extra Cheese** - Eggs, salt, pepper, milk, 1/4 cup red onion, 1/4 tomato, 1/2 cup turkey meatball, 3/4 cup Sargento® Shredded 4 Cheese Mexican on English Muffin. Top with more Sargento® Shredded 4 Cheese Mexican.

