

Your Natural Deodorant Recipe
is on the following page.

If you need any of the products to make your deodorant, just click on the item in the ingredient list to be taken to Amazon. These are affiliate links.

If you need to refer back to my blog post, just click on the link at the bottom of the recipe.

Enjoy!

diy Natural Deodorant Recipe

A recipe from KC Coake and posted on realcoake.com

Makes: 4 Containers of Deodorant

Prep Time: 15-20 minutes

Ingredients:

- 1/4 cup Organic Shea Butter
- 2 Tablespoons Organic Coconut Oil
- 3 Tablespoons Organic Beeswax
- 2 Tablespoons Arrowroot Powder
- 3 Tablespoons Baking Soda
- 20 drops Lavender Essential Oil
- 15 drops Melaluca (Tea Tree Oil)
- 20 drops Frankincense Oil
- 10 drops Rosemary Essential Oil
- 40 drops Vitamin E Oil

Directions:

1. Add water to a pan, only about 1/4 full, and bring to a low boil. Place a metal mixing bowl on top of pan to make a double boiler.
2. Add shea butter and coconut oil to mixing bowl and melt.
3. Once melted, add beeswax and stir until all ingredients are melted.
4. Remove pan from heat.
5. Add arrowroot powder and baking soda and whisk until smooth and combined.
6. Add essential oils and vitamin E. Stir to combine.
7. While still hot, pour into deodorant containers, making sure to stir mixture before each pour.
8. Allow to cool and come to room temperature before placing lids on containers. Deodorant will solidify as it cools.
9. Add a label to container.

